

MUNSTER GRADE "B" GALA

VENUES : Tralee (SI Lic 2B-15/16-M024) & Fermoy (SI Lic 2B-15/16-M025)

DATE : 13th. February 2016

Tralee –Kingdom, Kenmare, Killarney, Ballybunion, Askeaton, Seaworld, Limerick, Ennis, **Nenagh**, Clonakilty,

Fermoy – Waterford, Carrick, Dolphin, Fermoy, Splashworld, Clonmel, Sundays Well, Blackrock, Tiger Sharks, Kingfisher, Mallow

WARM UP : 9am Start 10am

ENTRIES : Entries on Hy-Tek only

FEES : €18.00 per swimmer to cover all individual events, €20.00 per relay event.

CLOSING DATE : Friday, 5th. February 2016.

ENTRIES RECEIVED AFTER THE CLOSING DATE WILL NOT BE ACCEPTED

FEES MUST BE RECEIVED PRIOR TO THE GALA

Medals will be presented in U/11, U/13, U/15, and Senior Age groups.

	Grade "A" Q.T		Grade "A" Q.T
1. Girls 200 m Freestyle	2.50.00	11. Girls 200m Ind. Medley	3.06.00
2. Boys 200m Freestyle	2.45.00	12. Boys 200m Ind. Medley	3.02.00
3. Girls 100m Backcrawl	1.35.00	13. Girls 100m Breaststroke	1.42.00
4. Boys 100m Backcrawl	1.32.00	14. Boys 100m Breaststroke	1.40.00
5. Girls 100m Butterfly	1.40.00	15. Girls 100m Freestyle	
6. Boys 100m Butterfly	1.38.00	16. Boys 100m Freestyle	
7. Boys U/12 4x50m Med. Relay		17. Girls U/12 4x50m F/C Relay	
8. Girls U/12 4x50m Med. Relay		18. Boys U/12 4x50m F/C Relay	
9. Boys U/14 4x50m Med. Relay		19. Girls U/14 4x50m F/C Relay	
10. Girls U/14 4x50m Med. Relay		20. Boys U/14 4x50m Med. Relay	

Officials : Clubs must provide one official per six swimmers up to a maximum of three officials per session. Where clubs are providing two officials per session, one of these must be a turn judge

MUNSTER GRADED GALA

_____ Individual Entries @ €18.00 per swimmer

_____ Relay Entries @ €20 per relay

TOTAL =

CLUB _____

SECRETARY _____

ADDRESS _____

TEL NO, _____

Team Manager _____

GALAS CANNOT BE RUN WITHOUT OFFICIALS, WE RELY ON TOO FEW FOR TOO MUCH.

If sufficient officials are not present, galas will be cancelled

POOL RULES

In order to comply with health and safety standards within swimming pool and at the request of a number of pool managers the following rules must be complied with

- 1. All swimmers must wear hats**
- 2. No outdoor shoes to be worn on the pool deck.**
- 3. Swimmers are not permitted on the balcony or stairs in wet gear.**
- 4. Adequate supervision of competitors must be in place at all times.
Chaperones/Managers must be appointed for each club. Any damage caused to the complex will be charged to the club involved.**
- 5. Where lockers are provided these should be used. Unattended belongings may be removed by staff.**
- 6. Litter bins should be used.**
- 7. Parking should be in designated areas ONLY.**
- 8. Leisure centres / pools should be treated with respect.**