

MUNSTER GRADE "A" GALA
SI Licence No. 2B-15/16-M015

VENUE : University Arena, Limerick

DATE : December 12th. 2015

TIME : Warm Up 12.noon. Start 1.00 p.m.

ENTRIES : Entries taken by normal procedure by NNSC Committee.
Payment MUST be received prior to the gala.

FEES : €20.00 per swimmer to cover all individual events.

CLOSING DATE : Monday, 7th. December 2015

ENTRIES RECEIVED AFTER THE CLOSING DATE WILL NOT BE ACCEPTED.

CONDITIONS : Swimmers may enter a maximum of four individual events ONLY. Swimmers must have achieved the qualifying times in 200m Frontcrawl and one other 100m event, or the 200m I.M. and one other event.

Medals will be presented in U/11, U/13, U/15, U/17 & Senior Age Groups.

ALL EVENTS WILL BE HEAT DECLARED WINNER.

SESSION 1.

1. Girls 400m Ind Medley
2. Boys 200m Ind Medley
3. Girls 100m Breaststroke
4. Boys 200m Breaststroke
5. Girls 200m Butterfly
6. Boys 100m Butterfly
7. Girls 100m Backcrawl
8. Boys 200m Backcrawl
9. Girls 200m Freestyle
10. Boys 100m Freestyle

SESSION 2.

11. Boys 400m Ind. Medley
12. Girls 200m Ind. Medley
13. Boys 100m Breaststroke
14. Girls 200m Breaststroke
15. Boys 200m Butterfly
16. Girls 100m Butterfly
17. Boys 100m Backcrawl
18. Girls 200m Backcrawl
19. Boys 200m Freestyle
20. Girls 100m Freestyle

Grade A Qualifying Times

200m I.M.	Boys	3.02.00	Girls	3.02.00
100m B/C	Boys	1.32.00	Girls	1.35.00
100m Brs	Boys	1.40.00	Girls	1.42.00
100m Fly	Boys	1.38.00	Girls	1.40.00
200m F/C	Boys	2.45.00	Girls	2.50.00

This gala will be swum Long Course, but qualifying times are Short Course. Where SC times are being entered these will be converted by Hy-Tek on receipt of entries.